

OUR STORY

You are currently in Adelaide Railway Station's restored Grand Public Dining Hall, where history meets today over an ice cold beverage.

Here at The Guardsman we're always searching for the finest local produce our proud state of South Australia has to offer, and you can be damn sure that each dish is cooked and served with love.

Sample food from our state's best loved regions, from Wagyu Beef from the Limestone Coast to South Australia's very own world famous Coffin Bay oysters. We've even put our very own spin on a South Australian icon, with the creation of The Guardsman Fruchoc dessert.

It might take you a few trips to discover your favourites, but remember, you're always welcome at The Guardsman.



LUKE BRABIN

Head Chef

NORTH TERRACE
The
Guardsman
ADELAIDE RAILWAY STATION
STH. AUS

BEER

ON TAP - full selection of seasonal tap beers available at the bar

THE GUARDSMAN LAGER, BY PRANCING PONY - Mt. Barker, 4.5%

BIG SHED BOOZY FRUIT - Royal Park, 6.2%

BREW BOYS WEST COAST HOPPAPOTAMUS - Croydon Park, 7.0%

COOPERS - Regency Park

- **AGED SPARKLING ALE** - 5.8%

- **DRY** - 4.2%

- **PACIFIC PALE ALE** - 4.2%

- **PALE ALE** - 4.5%

- **XPA** - 5.2%

GOODIESON PILSNER - McLaren Vale, 5%

MISMATCH SESSION ALE - Adelaide Hills, 4.0%

PIKES PILSNER - Polish Hill River, 4.5%

PIRATE LIFE - Port Adelaide

- **IPA** - 6.8%

- **LAGER** - 4.5%

- **POINT NINE** - 0.9%

- **SOUTH COAST PALE ALE** - 4.4%

- **THROWBACK IPA** - 3.5%

PRANCING PONY RED INDIA ALE - Adelaide Hills, 7.4%

SWELL - McLaren Vale

- **GOLDEN ALE** - 4.5%

- **APPLE CIDER** - 5.8%

URAILDA HALF MOON SESSION PALE ALE - Uraidla, 4.2%



BUTCHER

SCHOONER

PINT

\$5.0

\$7.0

\$9.0

\$6.5

\$8.5

\$10.5

\$8.0

\$10.0

\$12.0

\$7.0

\$9.0

\$11.0

\$5.0

\$7.0

\$9.0

\$5.5

\$7.5

\$9.5

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\$8.5

\$10.5

\$5.0

\$7.0

\$9.0

\$4.5

\$6.5

\$8.5

\$5.5

\$7.5

\$9.5

\$4.5

\$6.5

\$8.5

\$8.0

\$10.0

\$12.0

\$5.5

\$7.5

\$9.5

\$5.0

\$7.0

\$9.0

\$6.5

\$8.5

\$10.5

BOTTLED & CANNED

BOTTLE/CAN

COOPERS - Regency Park

- **LIGHT** - 2.9%

- **EXTRA STOUT** - 6.3%

HAHN SUPER DRY - 4.6%

HILLS CIDER PEAR - Adelaide Hills, 5.0%

SPARKKE - Adelaide

- **GINGER BEER** - 3.5%

- **HARD LEMONADE** - 3.5%

\$7.0

\$9.5

\$8.5

\$8.5

\$8.5

\$8.5

LONGIES

BOTTLE

COOPERS - Regency Park

- **PALE ALE** - 4.5%

- **SPARKLING ALE** - 5.8%

- **EXTRA STOUT** - 6.3%

WEST END DRAUGHT - 4.5%

\$12.0

\$13.0

\$13.0

\$12.0

COCKTAILS

COCKTAILS ON TAP

LEXINGTON HILL ESPRESSO MARTINI - 10.0%

PER GLASS

\$15

HOUSE COCKTAILS

PER GLASS

NATIVE NEGRONI

\$18.0

Adelaide Hills Distillery 78° Gin, Adelaide Hills Distillery Bitter Orange, Adelaide Hills Distillery Rosso Vermouth

ESPRESSO MARTINI

\$22.0

KIS Vodka, Applewood Espressocello, Frangelico, Crawley's Vanilla Syrup, Fresh Espresso

THE CONDUCTOR

\$18.0

23rd St Signature Gin, AMBRA Limoncello, Fresh Lemon Juice, Simple Syrup

SUNNY SIDE MOJITO

\$18.0

23rd Street Signature Rum, Passionfruit, Lime, Mint, Brown Sugar, Soda

GOVERNOR'S BRAMBLE

\$18.0

Applewood Gin, AMBRA Blood Orange, Lemon Juice, Simple Syrup

BICKFORD'S SODA - Salisbury South

BOTTLE

CLASSIC COLA

\$5.0

LEMON LIME & BITTERS

\$5.0

CREAMY SODA

\$5.0

GINGER BEER

\$5.0

SARSPARILLA

\$5.0

SODA WATER

\$5.0

TONIC WATER

\$5.0

SOFT DRINKS

TAP

COCA COLA

\$4.0

DIET COKE

\$4.0

SPRITE

\$4.0

LIFT

\$4.0

LEMON, LIME & BITTERS

\$4.5

SIDES

- \ -

HAND-CUT CHIPS - \$7

Sea salt, aioli (GF, VG)

FRENCH FRIES - \$6

aioli, sauce (VG)

BROCCOLINI - \$9

garlic, chilli, lemon (GF, V)

BEER PADDLE

- \ -

Choose 4 tap beers from our beer list thanks to some of South Australia's greatest beer producers.

X4 200ML GLASSES OF BEER

\$18

WINE

HOUSE

WIRRA WIRRA SCRUBBY RISE SAUVIGNON BLANC - McLaren Vale
MRS Q SANGIOVESE - Adelaide Hills



150ML
\$8.5
\$9.0



250ML
\$12.5
\$14.0



BOTTLE
\$33.5^{CARAFE}
\$35.0

SPARKLING

CORIOLE PRESECCO - McLaren Vale
MARS NEEDS MOSCATO - Riverland
NV GRACE UNDER PRESSURE BLANC DE BLANCS - Mount Gambier
NV COATES LA PETITE ROUGE SPARKLING SHIRAZ - McLaren Vale
SAMUELS GEORGE COMET TAIL SPARKLING SHIRAZ - Adelaide Hills
DEVIATION ROAD "LOFTIA" SPARKLING - Adelaide Hills

150ML
\$8.5
\$9.0
\$12.0

BOTTLE
\$35.0
\$38.0
\$50.0
\$40.0
\$75.0
\$80.0

WHITE

THE PAWN DESPERADO SAUVIGNON BLANC - Adelaide Hills
CHARLOTTE DALTON GRACE CHARDONNAY - Adelaide Hills
KANTA RIESLING - South Australia
OTELLIA PINOT GRIS - Limestone Coast
HAHNDORF HILL GRUNER VELTLINER - Adelaide Hills
UNICO ZELO 'JADE & JASPER' FIANO - Riverland (3 only)
JERICO FUME BLANC SAUVIGNON BLANC - Adelaide Hills
SHAW + SMITH SAUVIGNON BLANC - Adelaide Hills
PIKE & JOYCE CHARDONNAY - Adelaide Hills
ROCKFORD 'LOCAL GROWERS' SEMILLON - Barossa Valley
PEWSEY VALE '961 BLOCK' RIESLING - Eden Valley
SHAW + SMITH M3 CHARDONNAY - Adelaide Hills
PENFOLDS 'YATTARNA' CHARDONNAY - Adelaide Hills

150ML
\$9.5
\$14.0
\$10.0
\$9.5

250ML
\$15.5
\$19.0
\$17.0
\$16.0

BOTTLE
\$40.0
\$55.0
\$42.0
\$40.0
\$55.0
\$40.0
\$50.0
\$55.0
\$58.0
\$65.0
\$65.0
\$80.0
\$190.0

ROSE

WIRRA WIRRA MRS WIGLEY ROSE - McLaren Vale
MRS Q ROSE - Barossa Valley
GEOFF MERRILL BUSH BINE GRENACHE ROSE - McLaren Vale
DAVID FRANZ '108 VARIETIES' ROSE - Barossa Valley

150ML
\$8.5
\$9.0

250ML
\$12.5
\$14.0

BOTTLE
\$33.5^{CARAFE}
\$35.0
\$42.0
\$45.0

SOUTH AUSTRALIAN CHEESE (GFO, VG) - \$6EA OR \$15 FOR ALL

served with lavosh and Adelaide Hills plum paste

ONKAPARINGA
RESERVE BLUE
Mt. Lofty Ranges

BAROSSA ARTISAN
DOUBLE CREAM BRIE
Angaston, Barossa Valley

SECTION 28
MONT ROUGE WASHED RIND
Adelaide Hills



RED

150ML

250ML

BOTTLE

| | | | |
|--------------------------------------------------------------------------|--------|--------|---------|
| GOLDING 'PURVEYOR' PINOT NOIR - <i>Adelaide Hills</i> | \$9.5 | \$16.0 | \$40.0 |
| CORIOLE NERO D'AVOLA - <i>McLaren Vale</i> | \$14.0 | \$19.0 | \$55.0 |
| SC PANNELL 'FIELD STREET' SHIRAZ - <i>McLaren Vale</i> | \$12.0 | \$19.0 | \$48.0 |
| TOM FOOLERY SON OF A GUN CABERNET SHIRAZ - <i>Barossa Valley</i> | \$12.0 | \$19.0 | \$58.0 |
| TURKEY FLAT 'BUTCHERS BLOCK' GSM - <i>Barossa Valley</i> | | | \$45.0 |
| BY JINGO NERO ROSSO - <i>Montalcino, Mourvèdre, Grenache</i> | | | \$50.0 |
| JERICO TEMPRANILLO - <i>Adelaide Hills</i> | | | \$50.0 |
| LANGMEIL 'VALLEY FLOOR' SHIRAZ - <i>Barossa Valley</i> | | | \$60.0 |
| ASHTON HILLS 'PICCADILLY' PINOT NOIR - <i>Adelaide Hills</i> | | | \$65.0 |
| DOWIE DOOLE 'BFG' GRENACHE - <i>McLaren Vale</i> | | | \$55.0 |
| ROCKFORD 'MOPPA SPRINGS' GSM - <i>Barossa Valley</i> | | | \$75.0 |
| JOHN DUVAL SHIRAZ - <i>Barossa Valley</i> | | | \$75.0 |
| WYNNS BLACK LABEL CABERNET SAUVIGNON - <i>Coonawarra</i> | | | \$75.0 |
| SHAW + SMITH SHIRAZ - <i>Adelaide Hills</i> | | | \$85.0 |
| YALUMBA 'PARADOX' SHIRAZ - <i>Barossa Valley</i> | | | \$85.0 |
| D'ARENBERG 'DEAD ARM' SHIRAZ - <i>McLaren Vale</i> | | | \$110.0 |
| ROCKFORD 'ROD & SPUR' CABERNET SHIRAZ - <i>Multi Region</i> | | | \$115.0 |
| ROCKFORD 'RIFLE RANGE' CABERNET SAUVIGNON - <i>Barossa Valley</i> | | | \$120.0 |
| YALUMBA 'THE SIGNATURE' - <i>Multi-Region</i> | | | \$120.0 |
| PENFOLDS BIN 407 CABERNET SAUVIGNON - <i>Multi-Region</i> | | | \$150.0 |

FORTIFIED

60ML

| | |
|---------------------------------------------------------------------|--------|
| PENFOLDS GRANDFATHER 20YR TAWNY 500ML - <i>Multi-Region</i> | \$22.0 |
| ROCKFORD "PS MARION" TAWNY NV 750ML - <i>Barossa Valley</i> | \$11.0 |
| SEPPELTSFIELD PARA GRAND TAWNY 750ML - <i>Barossa Valley</i> | \$11.0 |

CELLAR

BOTTLE

| | |
|-------------------------------------------------------------------------|-----------|
| 2016 PENFOLDS BIN 150 MARANAGA SHIRAZ - <i>Barossa Valley</i> | \$160.0 |
| 2014 PENFOLDS BIN 389 CABERNET SHIRAZ - <i>Multi-Region</i> | \$140.0 |
| 2014 PRIMO ESTATE JOSEPH ANGEL GULLY - <i>McLaren Vale</i> | \$180.0 |
| 2013 PENFOLDS "ST HENRI" SHIRAZ - <i>Multi-Region</i> | \$180.0 |
| 2012 YALUMBA "THE CALEY" CABERNET SHIRAZ - <i>Barossa Valley</i> | \$450.0 |
| 2009 PENFOLDS BIN 95 GRANGE - <i>Multi-Region</i> | \$1,200.0 |

STARTERS

- GARLIC FLAT BREAD** \$8
Grilled Zaatar flat bread, Kangaroo Island garlic, corioler olives, gazpacho oil
- PARMA HANDCRAFTED SMALLGOODS FOR TWO (GFO)** \$22
Corioler olives, pickles, grilled sourdough
- KINGFISH CEVICHE (GF)** \$18
Eyre Peninsula Cleanseas Kingfish, pineapple, green chilli, betel leaf, fried shallots
- PORT LINCOLN SARDINES (GFO)** \$16
Pickled, blistered tomato, fennel, chargrilled sourdough
- DIRTY INC KABULI CHICKPEA HUMMUS (GFO, V)** \$16
Turmeric cauliflower, crispy chickpea, coriander salad, garlic flat bread
- WHISKY GLAZED CHICKEN WINGS (SPICY)** \$15
23rd street distillery whiskey buffalo glaze, blue cheese aioli
- ZUCCHINI, PEA & MINT FRITTERS (GFO, VG)** \$15
Onkaparinga creamery goats' curd, watercress, avocado, vincotto
- FLEURIEU PENINSULA SQUID (GFO)** ENTRE: \$18 MAIN: \$26
Five spiced salt and pepper, garlic, chili, basil lime aioli

MAINS

- MAYURA STATION WAGYU BEEF SCHNITZEL** \$24
Fries, leaf salad, choice of sauce
- CHICKEN SCHNITZEL** \$22
Fries, leaf salad, choice of sauce
- **THE GUARDSMAN PARMY - ADD \$5**
Burrata, San José prosciutto, tomato sauce
- COOPERS FISH & CHIPS (GFO)** \$30
South Australian flathead fillets, hand cut chips, tartare, lemon, leaf salad
- COORONG MULLET** \$30
Pearl cous cous, fennel, mint, lemon, ras el hanout, orange, dates
- THOMAS FARMS LAMB CURRY (GF)** \$25
Chopped salad, traditional sides
- MAYURA STATION WAGYU BRISKET BOLOGNESE (GFO)** \$28
Paccheri pasta, pecorino
- FISHERMANS SPAGHETTI (GFO)** \$32
Spencer Gulf prawn, Kinkawooka mussel, vongole, local fish, vine ripened tomato, pangrattato

SALADS

- CAESAR SALAD (GFO, VGO)** \$16
Hahndorf Gourmet smoked pancetta, cos, parmesan, soft egg, anchovy, croutons
- HARISSA SPICED PUMPKIN SALAD (GF)** \$16
Dirty inc. kabuli chickpeas, hemp seed hummus, quinoa, baby carrots, parsnip, walnut, kale, tahini yoghurt
- MISO MUSHROOM BOWL (V)** \$17
Brown rice, avocado, tofu, cabbage, avocado, edamame, pickled carrot, radish, miso ginger dressing

ADD ONS

SASHIMI SALMON - \$6

CHICKEN - \$5

TOFU - \$4

HALOUMI - \$4

FETA - \$4

BURGERS

All served with fries, tomato sauce

- MAYURA STATION WAGYU BEEF BURGER (GFO)** \$22
Bacon, cheddar, baby cos, tomato, pickles, crispy bits, GM sauce
- LA VERA HALOUMI BURGER (GFO, VG)** \$20
Fried haloumi, roast capsicum, zucchini, hummus, labne, cos, pumpkin seed bun
- CRISPY CHICKEN FILLET BURGER (GFO)** \$20
Barossa smoked bacon, guacamole, cheese, slaw, hot sauce
- 36° SOUTH STEAK SANDWICH (GFO)** \$20
Swiss cheese, beer onions, fried egg, tomato, mustard, relish

GRILL

All served with hand cut chips, salad & choice of sauce

- EYE FILLET 200G (GFO)** \$38
Murray Pure, pasture fed
- SCOTCH FILLET 300G (GFO)** \$36
36° South, Naracoorte, grain fed
- RUMP STEAK 300G (GFO)** \$30
S. Kidman & Co
- LAMB CHOPS 4PC (GFO)** \$30
Summit Prime lamb

SAUCE (GF)

GRAVY

GREEN PEPPERCORN

MUSHROOM

BBQ

GRAIN MUSTARD

DIJON MUSTARD

SIDES

HAND-CUT CHIPS - \$7

Sea salt, aioli
(GF, VG)

FRENCH FRIES - \$6

aioli, sauce
(VG)

BROCCOLINI - \$9

garlic, chilli, lemon
(GF, V)

FOR TWO

WITH FRIENDS

OR MORE

800GM AMERICAN T-BONE STEAK (GF)

*Served with condiments, veg,
hand cut chips and salad*

\$80

LAMB SHOULDER SHAWARMA

*Spiced lamb, tabouleh, pickled onions,
garlic yoghurt, hummus, flatbread*

\$60

EYRE PENINSULA SEAFOOD

COFFIN BAY OYSTERS (GF)

Hand shucked by us, just for you.

NATURAL

\$3.5EA

KILPATRICK

\$4EA

KINKAWOOKA MUSSELS (GFO) \$19

Served with crusty, delicious warm bread

CIDER

swell cider, shallot, cream

CHORIZO

*San Jose Chorizo,
saffron, garlic*

SOUTH AUSTRALIAN CHEESE (GFO, VG) - \$6EA OR \$15 FOR ALL

served with lavosh and Adelaide Hills plum paste

**ONKAPARINGA
RESERVE BLUE**

Mt. Lofty Ranges

**BAROSSA ARTISAN
DOUBLE CREAM BRIE**

Angaston, Barossa Valley

**SECTION 28
MONT ROUGE WASHED RIND**

Adelaide Hills

KIDS

served with choice of Golden North Ice-Cream

JUNIOR SCHNIT

*Crumbed chicken breast schnitzel,
fries, salad*

CHEESEBURGER (GFO)

Grilled beef, melted cheddar cheese, tomato sauce, fries

FISH & CHIPS (GFO)

Crumbed, grilled or battered with tartare sauce, fries

SPAGHETTI NAPOLI (GFO)

tomato sauce, parmesan cheese

DESSERTS

GOLDEN NORTH ICE-CREAM 1 scoop: **\$3** 2 scoop: **\$6** 3 scoop: **\$8**

\$10

VANILLA

CHOCOLATE

STRAWBERRY

SALTED CARAMEL

COOKIES & CREAM

\$10

THE UNDERGROUND

\$14

*Chocolate brownie, financier, walnut meringue,
mascarpone, honeycomb*

\$10

LEMON MERINGUE PIE

\$14

*Riverland lemon curd, pistachio crumbs, burnt meringue,
desert lime gelati*

\$10

LENSWOOD PINK LADY APPLE CRUMBLE

\$12

Served warm with salted caramel ice cream

THE GUARDSMAN FRUCHOC

\$14

*dark chocolate custard cream, vanilla peaches, apricot,
raspberry meringue*

THE GUARDY SWEET PLATTER

\$35

*A combination of all our desserts to share,
if you can't decide which to have*



ADELAIDE
RAILWAY STATION
THE
GUARDSMAN
NORTH TERRACE
STH. AUS

THEGUARDSMAN.COM.AU - [@THEGUARDSMANADL](https://www.instagram.com/THEGUARDSMANADL)

